

BIO – Jacki Gethner

Having started her massage / bodywork practice in 1988, Jacki Gethner is also an author, international health advocate and educator. Her licensure as a certified alcohol and drug counselor (CADC1) from 1998-2019 has also contributed to the collaborations she has shared over the years with nonprofits, government agencies, and other health educators.

Her work in prevention, self care, and skills-based trainings have resulted in her work receiving pharmaceutical funding as well as numerous local and national awards and press coverage. Her book, *Behind Door #3: Choose with Your Eyes Wide Open*, (reviewed here), is now a workshop possibility for agency fundraising and education.

In 2009, Jacki Gethner was awarded the National Kaiser Permanente Diversity Award for her work in the HIV/AIDS arena. She used this award to start her nonprofit, Women of a Certain Age (WOACA).

Her current project, [After COVID-19: The New Self-Care Paradigm](#), evolved from an initial project offered to the Multnomah County Probation and Parole department, teaching professionals skills to share with clients to overcome barriers created by COVID and to rebuild/rethink client support systems